

GROUP
LOWDEN PARK POOL – SWIM LESSONS

Child's First Name: _____ Child's Last Name: _____
Child's Age: _____ Child's Gender: M or F (please circle one) Child's Ethnicity: _____
Parent/Guardian Name(s): _____
Mailing Address: _____ City: _____ Zip Code: _____
Home Phone: _____ Work Phone: _____ Cell Phone: _____
Email: _____
Name of Emergency Contact: _____ Emergency Contact Phone #: _____
Emergency Contact Physical Address: _____

_____ ←Initial here. I hereby acknowledge that by signing my child up for Group Swim Lessons physical contact between my child and the instructor may occur. This contact is necessary for adequate swim lessons to occur.

***Minimum of (3) students required for a swim class to be held. If there are not enough signed up for a group lesson you may be placed in another group or be placed on a waiting list until the next session date when there are more participants.**

Signature: _____ Print Name: _____ Date: _____

LOWDEN PARK POOL 623-5925 WATER SAFETY PROGRAM (SWIM LESSON) RELEASE FORM

-All programs are based on a first come-first served basis

RELEASE AND HOLD HARMLESS

I hereby guarantee that I am parent and/or legal guardian of above-named participant with authority to sign release. I give permission for me and/or the minor in my custody to participate in the above-mentioned activity and hereby waive, release and discharge any and all claims or right to claims for damages or death, personal injury or property damage which may happen, or accrue to, as a result of our participation in said activity. This Release is intended to discharge in advance the promoters, sponsors, volunteers, Weaverville/Douglas City Parks & Recreation District, the County of Trinity, Lowden Aquatic Park Project, Trinity County First 5 & Commission, and any involved municipalities or other public entities (and their respective agents & employees, from and against any and all liability arising out of or connected in any way with our participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. I further understand that serious accidents occasionally occur during said activity, and that participants in such activity occasionally sustain mortal or serious injuries, and/or property damages, as a consequence thereof. Knowing the risks of said activity, nevertheless, on behalf of myself & said minor, I hereby agree to assume those risks and to release and hold harmless all of the persons and/or entities mentioned above who, through negligence and/or carelessness, might otherwise be liable to me, said minor, my heirs or assigns for damages. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs & assigns. I further authorize **CONSENT TO TREATMENT**. In the event of sudden illness, accident or injury which may occur while said participant(s) are engaged in said activity, the above representatives, agents or assignees, when a parent, guardian, spouse, friend, or physician cannot be contacted, I hereby give my consent pursuant to California Civil Code #25.8 for emergency treatment as shall be necessary under the circumstances by any physician licensed under the Laws of the State of California.

PERTINENT MEDICAL HISTORY INFORMATION OF SAID INDIVIDUAL(S):

| DATE | ADULT'S SIGNATURE | ADULT PRINTED NAME | RELATIONSHIP |
|------|-------------------|--------------------|--------------|
|------|-------------------|--------------------|--------------|

FAMILY PHYSICIAN: _____ PHYSICIAN'S PHONE #: _____

For office use:
Group Level: _____ Start Date: _____ Time Frame: _____
Payment Info (ck # or cash) _____ Instructor: _____

COVID-19 Action Plan Notice for Swim Lesson Participants

Due to the COVID-19 outbreak Lowden Park Pool has had to adjust its procedures for Aquatic Activities. As guidelines change throughout the Summer, LPP will adjust these procedures. The following steps will be taken during your swim lessons to ensure the safety of you, your child, as well as our employees:

- “Goldfish” and lower-level swim lessons will be executed in a child +1 format. Participants will be asked to provide someone to be in the water with their child to perform the hands-on actions throughout the lessons. This will limit the amount of instructor-student interaction and lower the risk of cross-contamination between people. (If someone is unavailable to enter the water with a swimmer this will have to be declared PRIOR to the start of the first lesson, not on a day-to-day basis. LPP can provide someone to work with your child but the registrant will have to sign a release-of-liability waiver.)
- “Flying Fish” and above swimmers will not be required to have a +1 in the water with them but written permission will be required prior to the first lesson informing parents/legal guardians that participation in the lessons are voluntary and that LPP cannot guarantee that exposure or contact with illness, including COVID-19, will not occur.
- Social Distancing will be implemented inside of the Pool. Swimmers will be physically spaced out along the edge of the pool and the instructor will maintain distancing throughout the lessons unless there is an emergency.
- Families registering for swim lessons will not be allowed to bring spectators to swim lessons. Only the participant and one other person will be allowed to enter the facility. This allows for patrons to easily social distance from each other within the facility.
- Locker rooms will be Single-Use bathrooms only. Patrons will also only be allowed to enter the bathrooms one at a time.
- Patrons must arrive to the Pool dressed in their swimming attire and will not be allowed to change in the locker rooms.

FACILITY

- Social Distancing policy of 6 feet is in place and masks are encouraged.
- Capacity will be limited to 25 people at one time. Including staff members. (Capacity numbers can be increased as they become authorized by local Health Officials.
- ALL patrons, including aquatic-program participants, will be required to complete a membership form. Membership will be free and must be done prior to entering the facility for the first time. This form will include a health declaration as well as a liability release form.
- All people and employees entering the facility will have their temperature taken and will not be permitted to enter the facility if they have a temperature at or above 100.3
- All patrons will wash their hands in Chlorinated water and hand soap prior to entering.
- Locker room Policy: They will not be used for changing, storage, loitering, etc. They will be used as restrooms and handwashing only.
- Social Distancing markers will be placed,
- Participants may bring towels and personal equipment (goggles) only into facility. Bags and backpacks will not be allowed in the facility and must be left in the vehicle or at home. Small purses and hip packs maybe allowed.
- COVID-19 and Social Distancing Signage will be posted
- Chlorinated water will be placed on deck to allow for washing. These stations will also have hand sanitizer.
- Anyone showing signs or symptoms of a fever should stay home.